



Department of Maryland VFW Auxiliary Veterans & Family Support Program October 2023

VFW
NATIONAL
VETERANS
SERVICE

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ADOPT-A-UNIT

What is a VFW Service Officer?

VFW Service Officers are trained experts, helping veterans develop their case by reviewing and applying current law, pertinent legislation, regulations and medical histories.

VFW Service Officers are with America's veterans every step of the way once they're ready to file a claim. This is a service that the VFW is proud to offer – free of charge – to veterans seeking assistance with their claims process.

In Maryland the VFW Service Office is located at the Fallon Federal Building where they have access to VA benefits files and staff.

VFW Department Service Officer
Todd V. Traynham (“TRAYN”)
Fallon Federal Building
31 Hopkins Plaza, Room 1226
Baltimore, MD 21201-2823
Phone: 410-230-4480
Cell: 301-204-1010
E-mail: Todd.traynham@va.gov



Motto: Getting you what YOU have earned

**VETERANS & FAMILY SUPPORT CHAIRMAN
PHYLLIS M. COOKS, PDP
7006 WHITNEY AVENUE
FORESTVILLE, MD 20747
PHONE: 301-762-5022
EMAIL: PHYLLISMCOOKS@AOL.COM**

Donations are needed to help the VFW continue to help veterans, service members and their families. Auxiliaries are asked to donate to VFW National Veterans Service. Your donations should be sent to:

VFW National Headquarters
National Veterans Service
406 W. 34th Street
Kansas City, MO 64111

Any donation large or small will be accepted.

Will give 300 points to each Auxiliary that sends a donation of \$200.00 or more. Please report donation to me.

Adopt-A-Unit

The Adopt-A-Unit Program assists in building relationships between the VFW and our military members. Your assistance is equally important whether the unit is at home or overseas.

How to Find A Military Unit?

- *Contact your local National Guard, Reserve and Active Duty units
- *Access the “Find a Unit Flyer” which is available at www.vfw.org/troopsupport
- *Speak with other VFW Posts and Veterans Service Organizations who may know about units in the area.

How To Apply

Submit an Adopt-A-Unit Application to MAP Office, the form is located on the VFW website at www.vfw.org/troopsupport

Please send a report to me when you adopt a unit – 300 bonus points will be given.



Adopt-A-Unit FAQ

The Adopt-a-Unit Program assists in building relationships between the VFW and our military members.

Who is Eligible to Adopt-a-Unit:

- VFW Posts
- VFW Auxiliary
- Combination of Both

Why you should Adopt-a-Unit:

- To support your local military members and their families. As VFW/Auxiliary members, you understand the challenges military members and their families face and the support they need.
- To help connect military members with the vast network of resources the VFW has available. Conducting Adopt-a-Unit activities is a great recruiting opportunity.

How to find a military unit:

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- Access the “Find a Unit Flyer” which is available at www.vfw.org/troopsupport/
- Speak with other VFW Posts and Veterans Organizations who may have knowledge of units in the area.

When to adopt a unit:

- There is no time like the present and our military members and their families need your assistance now more than ever. Your assistance is equally important whether the unit is home or deployed overseas.

What kind of activities should you plan:

- Welcome Home, Deployment, Yellow Ribbon, Family Day, Dinner/Picnics, Holiday Parties, Meetings/Briefings and Funeral/Memorial Services to name a few.
- You are only limited by your imagination when it comes to supporting our troops and their families.

Where to get assistance for Adopt-a-Unit Questions:

Call the Military Assistance Program Office at (816) 756-3390

Email the MAP Office at map@vfw.org

How to Apply:

Submit an Adopt-a-Unit Application to the MAP Office, the form is located on the VFW website at www.vfw.org/troopsupport/

When to Report:

Submit a minimum of one AAU Activity Report annually per adopted unit.

Your first report is due at least one year from the date the application was received. You can also submit a report after every event that you conduct with your adopted unit.

NATIONAL HEADQUARTERS

406 W. 34th Street
Kansas City, MO 64111

Office 816.756.3390
Fax 816.968.1157

WASHINGTON OFFICE

200 Maryland Ave., N.E.
Washington, D.C. 20002

Office 202.543.2239
Fax 202.543.6719

info@vfw.org
www.vfw.org



VETERANS OF FOREIGN WARS.

Adopt-a-Unit

- ❖ Over **121,000 military and family** members are being actively supported by VFW Posts and Auxiliaries through the VFW Adopt-a-Unit program.

- ❖ Popular examples of Adopt-a-Unit activities:
 - **Family Days**- VFW understands the importance of family to the military member and their mission

 - **Welcome Home & Deployment events**

 - **Holiday events**

 - **Meetings and Support Seminars**

 - **Community Projects**- Annually VFW posts *donate \$ 48.2 million dollars* and their *8.6 million volunteer hours* to community activities.

 - **Direct assistance**- lawn care, auto repairs, renovations to help accommodate a newly wounded service member

 - **And much more.....**

- ❖ VFW Posts work with unit commanders and senior enlisted personnel to develop supportive relationships with units before, during and after deployments. We offer a vast network of free resources and a variety of direct support for military members and their families.

